



UNIVERSITY OF  
CALGARY

# MONDAY MEMO

March 9, 2020

## INSIDE THIS ISSUE:

Department News.....	1
Research Notes and Activities.....	2
Resources.....	2-3
Events.....	3-5
Psychology in the News..	5
Scholarships.....	
Volunteer and Job Postings.....	5-6

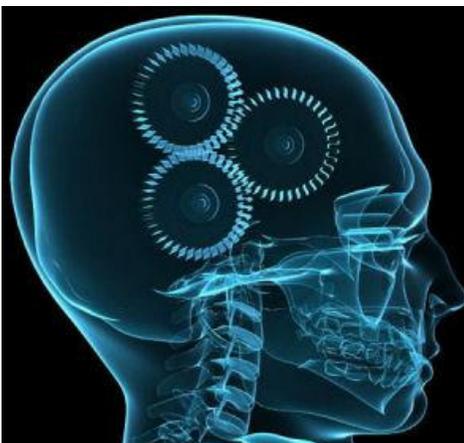
## DEPARTMENT NEWS

### HIGHLIGHTED PUBLICATION



**Giesbrecht, G. F.,** Letourneau, N., **Campbell, T.,** Hart, M., Thomas, J., & **Tomfohr-Madsen, L.** (2020). Parental Use of “Cry Out” in a Community Sample During the First Year of Infant Life. *Journal of Developmental & Behavioral Pediatrics*. doi: 10.1097/DBP.0000000000000791.

The primary objective was to identify the characteristics of parents and infants and parenting practices associated with delayed responsiveness to infant crying during the first year of infant life. A secondary objective was to evaluate, in a subsample of maternal-infant pairs, the associations between delayed responsiveness to infant crying and observational measures of maternal-infant interaction and infant-maternal attachment. Results from the study revealed that parental use of “cry out” as a strategy to deal with a crying infant was associated with parental characteristics (being white and having a relatively higher income), infant characteristics (higher problematic behavior at 3 months and reduced problematic behavior at 12 months), sleep ecology (infants sleeping alone), and parental soothing strategies (less frequently taking the infant into the parent’s bed, cuddling, or carrying the crying infant). Cry out was not associated with observational measures of maternal sensitivity or infant-maternal attachment. When used selectively and in response to the specific needs and characteristics of the infant, delayed responsiveness may reduce problematic behavior and does not harm the infant’s socioemotional development.



## RESEARCH NOTES AND ACTIVITIES

- Martopullo, C., Oberoi, D., Levin, G., Qureshi, M., Morgan-Maver, E., Korzeniewski, O., ... Bultz, B. D. (2019). Among authors: **Carlson L.E. & Pelletier G.** "In the same boat"-a mixed-methods exploration of reasons why male gastrointestinal cancer patients joined a professionally led men-only cancer support group. *Journal of cancer survivorship: research and practice*, 10.1007/s11764-019-00838-x. Advance online publication. doi:10.1007/s11764-019-00838-x
- Larson, N., McLarnon, J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. *Journal of Applied Psychology*. Advance online publication. doi: 10.1037/apl0000479
- McLaren-Gradinaru, M., Burles, F., Dhillon, I., Retsinas, A., Umiltà, A., Hannah, J., ... & **Iaria, G.** (2020). A Novel Training Program to Improve Human Spatial Orientation: Preliminary Findings. *Frontiers in Human Neuroscience*, 14, 5. doi.org/10.3389/fnhum.2020.00005
- O'Neill, T. A.**, Pezer, L., Solis, L., Larson, N., Maynard, N., Dolphin, G., Brennan, R., & Li, S. (in press). Team dynamics feedback for post-secondary student learning teams: Introducing the "Bare CARE" assessment and report. *Assessment and Evaluation in Higher Education*. doi: 10.1080/02602938.2020.1727412
- Giesbrecht, G. F., Letourneau, N., **Campbell, T.**, Hart, M., Thomas, J., & **Tomfohr-Madsen, L.** (2020). Parental Use of "Cry Out" in a Community Sample During the First Year of Infant Life. *Journal of Developmental & Behavioral Pediatrics*. doi: 10.1097/DBP.0000000000000791
- Bourdage, J.S., Schmidt, J.A., Wiltshire, J., Nguyen, B., Lee, K. (in press). Personality, Interview Performance, and the Mediating Role of Impression Management. *Journal of Occupational and Organizational Psychology*. doi: 10.1111/joop.12304

## RESOURCES

### **EPPP 4-Day Workshop - Four Points Sheraton**

March 12-15, 2020 (8am - 5:30pm Daily) • Calgary, Alberta



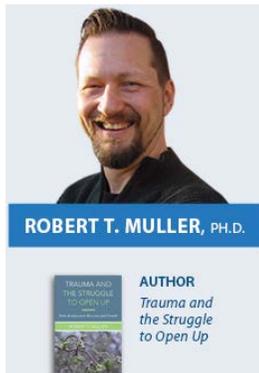
This engaging and comprehensive workshop offers 32 hours of test preparation and an extensive overview of the most difficult and heavily emphasized areas, current and relevant information focused on those terms and concepts which appear most frequently on the examination, critical thinking skills and testing strategies, as well as content handouts that include over 100 sample study questions.

#### DOMAINS COVERED:

- Abnormal Psychology
- Clinical Psychology
- Statistics and Research Design
- Test Construction
- Life Span Development
- Industrial/Organizational Psychology
- Physiological Psychology and Psychopharmacology
- Ethics and Professional Issues
- Learning Theory, Behavioral and Cognitive-Behavioral Interventions & Memory and Forgetting
- Social Psychology
- Psychological Assessment

For those interested, please enroll at: <https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/>

**Note:** Students can reach out to Kevin Norton ([kevin.norton@triadhq.com](mailto:kevin.norton@triadhq.com)) for a \$200 discount off the enrollment rate.



### **Trauma and the Struggle to Open Up**

Two-day workshop in Calgary March 23 & 24 being offered by Dr. Robert Muller from York University

This practical workshop, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestsellers: *Trauma & the Avoidant Client* + *Trauma and the Struggle to Open Up*—is aimed at building your understanding of the psychotherapeutic relationship with challenging clients, particularly trauma clients. Through the lens of attachment theory, using a relational, integrative approach, Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors. Dr. Muller will walk you through the relational approaches that help pace the process of opening up – so that people find the experience helpful, not harmful. Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller's own treatment sessions. This workshop focuses on clinical skills that are directly applicable in your work as therapists. You will learn specific skills to ensure ethical practice with all clients. Please register at: <http://www.jackhirose.com/workshop/trauma-calgary/>

## RESOURCES Continued...

### Greetings from CARMA!

We are a non-profit academic unit, and the world's leading provider of research methods education for organizational scholars. We are excited to announce our summer 2020 Short Course offerings and would like to emphasize the following:

- Short Courses will be held at Wayne State University, in Detroit Michigan.
- Short Course instructors are former editors and current editorial board members from leading organizational journals who are recognized experts on their topics
- Short Courses include a mix of lecture and hands-on experiential activities, in both quantitative and qualitative methods
- New courses on questionnaire design, open science, and research methods for dyads
- Qualitative courses return to Wayne State, new courses on several topics
- Several course sequences with discount for second course
- On-campus residence hall rooms are available for stay and also, hotels nearby
- **Registration is open, discount before March 13**
- **Students/Faculty at CARMA Member Schools receive 50% off Short Course registration fees\*** (\*Note that we have an institutional membership available)



Research Methods Education for the Global Classroom

More information on CARMA and our Short Courses, including course descriptions, instructor biographies, preview videos from our instructors, and registration information can [be found here](#).

## EVENTS

### PARTICIPANTS NEEDED

Would you like to see your skeleton and participate in a study to help surgeons understand the normal shape of the spine? Have 20 minutes

#### ARE YOU ELIGIBLE?

- Between the age of 20-40
- Have no prior history of spine problems
- Are not pregnant

#### WHAT DO YOU HAVE TO DO?

- Complete a short questionnaire
- Get a low dose X-ray image that creates a 3D representation of your spine

#### WHAT DO YOU GET?

- A 10\$ Starbucks Gift Card for your time!

Please contact Ariana Frederick directly for more information ([ariana.frederick@ucalgary.ca](mailto:ariana.frederick@ucalgary.ca), 403-944-4229).

The University of Calgary Conjoint Health Research Ethics Board has approved this research study (REB17-1800). Students please note participating in this study will **not** count towards your research participation credits.

### 52<sup>nd</sup> Banff International Conference on Behavioural Science

The 52<sup>nd</sup> Banff International Conference on Behavioural Science features "Mindfulness for Families, Schools, and Communities: From Promotion to Intervention", **March 15 to 18, 2020**. Details at: <https://banffbehavsci.ubc.ca>. The conference will feature research documenting the benefits of mindfulness practices with regard to improving attention and emotion regulation, and workshops focusing upon skill acquisition in relieving distress, cultivating well-being, and improving health across the life-span in both the general population and clinical populations. If you have any questions, please contact Sue Kim at [hkim725@uwo.ca](mailto:hkim725@uwo.ca)

Please register for this event at: <https://bweventsolutions.regfox.com/banff-international-conferences-on-behavioural-science-2020>

### ***The Division of Linguistics and Department of Psychology present:***

### **Minding the Melody: How Prosody Shapes Early Language Learning Across Populations**

Presented by **Dr. Jill Thorson** (University of New Hampshire)

**Friday, March 20, 2020 | 3 p.m. | CHE 212**

Talk abstract: How does the melody of speech affect early attention and word learning abilities? How do children then produce melodic distinctions in their own speech? My research examines the complex intersection of prosody and language development in both perception and production. For perception, I use eye-tracking to investigate how toddlers utilize the acoustic correlates of prosody during referent resolution. For production, I use an autosegmental-metrical approach to create an inventory of the intonational contours found in the natural speech of young children as well as examine how children employ the acoustics to relay prosodic information. By understanding how these processes occur in typical development, I am able to analyze and assess prosodic development in children who experience the world in unique ways, such as children with autism spectrum disorders.

## EVENTS Continued...

## Celebrating 10 Years: APrON Achievements &amp; Evolution – March 23

**Celebrating 10 Years:  
APrON Achievements & Evolution**

 Alberta Pregnancy  
Outcomes and Nutrition

**JOIN US ON MARCH 23<sup>RD</sup> 2020**



**Location: Alberta Children's Hospital**

Alta Health Services | Athabasca University | Children's Hospital BC

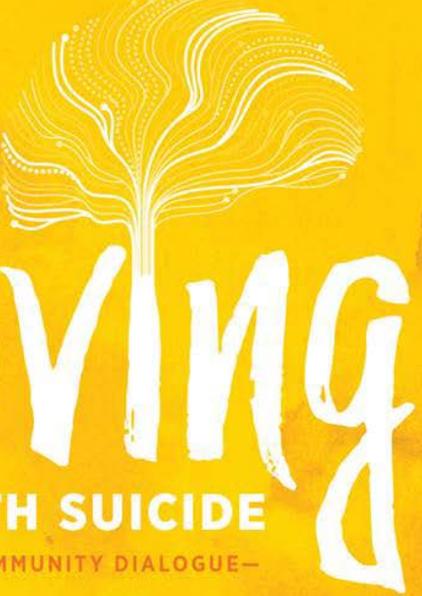
A team of expert researchers and clinicians has been continuously collecting data on thousands of mothers, fathers and their children over the last ten years. To celebrate this achievement, the conference will feature APrON investigators speaking to the findings of pivotal studies plus a keynote address from Dr. Padmaja Subbarao, director of the Canadian Healthy Infant Longitudinal Development (CHILD) study. It is the largest birth cohort study in Canada. “We are delighted to share the amazing findings that are emerging from the APrON cohort data. We have so much to be proud of and are looking forward to another 10 years of success!” says APrON's principle investigator Dr. Nicole Letourneau, PhD, and holder of the Alberta Children's Hospital Foundation Research Chair in Parent-Infant Mental Health.

More information here: [www.apron2020.eventbrite.ca](http://www.apron2020.eventbrite.ca)

Note – Registration is now **FREE!**



**living**  
WITH SUICIDE  
—A COMMUNITY DIALOGUE—



Featuring **Anna Mehler Paperny**, author of *Hello I Want to Die Please Fix Me*, in conversation with members of the UCalgary community and Centre for Suicide Prevention.

**TUESDAY, MARCH 24**  
**MacEwan Ballroom**

11 a.m. Wellness fair & pizza lunch  
11:45 a.m. Dialogue & discussion

Presented by the  
**Campus Mental  
Health Strategy**

[ucalgary.ca/mentalhealth](http://ucalgary.ca/mentalhealth)

Register at <https://go.ucalgary.ca/livingwithsuicide>

**The Social, Personality, and Social Development (SPSD) Psychology Research Group** meets **Mondays from 3:00pm – 4:30pm in Admin 248** to discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

This week, **March 9, 2020**, we have the pleasure of having honours student **Katarina Padilla** present her research titled “**Mental Illness Stigma and Psychological Help-Seeking within the Campus Community**”.

As always, everyone is welcome to attend, and please feel free to bring along anyone else who might be interested!



**The Cognitive Science Seminar (CSS)** is a weekly seminar featuring one to two research presentations by faculty, post-docs, graduate students, and honours students at the University of Calgary. We invite all interested individuals to join us!

**Thursday, March 12, 2020 / 4:00 pm - 5:00 pm / AD 051/053**

This week **Jaimy Hannah** will be presenting “**How spatial are spatial metaphors?.**”

## EVENTS Continued...

**History of Neuroscience Interest Group presents: Dr. Eric E. Smith** (Clinical Neurosciences, Calgary): **A tale of two amyloids: Alzheimer's disease and cerebral amyloid angiopathy**

**December 9, 2019 at 3:30 pm in History of Medicine Room – HSC Library**

When the audience exceeds ~16, the meeting is held in room HSC1460B (across the main Library hallway). For questions contact [manuel.hulliger@ucalgary.ca](mailto:manuel.hulliger@ucalgary.ca) or, after Sept 1, 2019, go to our new website at [www.cumming.ucalgary.ca/seminar/history-neuroscience-interest-group](http://www.cumming.ucalgary.ca/seminar/history-neuroscience-interest-group)

## PSYCHOLOGY IN THE NEWS



**Dr. Jeffrey Caird in The News Wheel** [“Texting and Walking Puts Pedestrians at Risk”](#)

## VOLUNTEER AND JOB POSTINGS

### Peer Listening Volunteer Opportunities 2020-2021

The Wellness Center is looking to recruit Peer Listeners for the 2020-2021 school year. Peer listeners provide frontline emotional and mental health support to students accessing the Wellness Centre. It is a great opportunity to get experience in crisis intervention, problem-solving and mental health!

Interested volunteers must apply through Better Impact at the following link: <http://btrr.im/9lzp8>.

Applicants must:

- Be a current UCalgary student (undergraduate, graduate, or PhD is fine);
- Be over the age of 18;
- Have a minimum two years of university experience

Applications close on March 27th, 2020. Successful candidates will be contacted by Megan MacKay ([megan.mackay@ucalgary.ca](mailto:megan.mackay@ucalgary.ca)) to set up an in-person interview in early April.

### Masters in Experimental Psychology with Specialization in Wearable Technology

**The Healthy Families Lab** at the University of Calgary is advertising for a **MSc or PhD student** in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. <https://www.healthyfamilieslab.com/>

### Do you speak French?

I am looking for an undergraduate student who can help distribute email requests for participation in a French-language survey. It will be about 20 hours of time, and the hours are flexible. Please send along your resume to [dhodgins@ucalgary.ca](mailto:dhodgins@ucalgary.ca) / David Hodgins, Department of Psychology

### Postdoctoral Fellow in Clinical and Developmental Psychology

The **Developmental Psychobiology laboratory** at the University of Calgary is looking for a **postdoctoral fellow in clinical and developmental psychology** to join a CIHR-funded study investigating the links between gut microbiota and mental health in children and adolescents. For further details please go to [https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf\[jobreqid\]=20038&c\\_keywords=20038#results](https://careers.ucalgary.ca/jobs/search?utf8=%3F&cf[jobreqid]=20038&c_keywords=20038#results). Interested applicants should contact Dr. Giesbrecht at [ggiesbre@ucalgary.ca](mailto:ggiesbre@ucalgary.ca)

## **VOLUNTEER AND JOB POSTINGS Continued...**

### **Behavioural Scientist – Internship**

Symend is looking to hire a Behavioural Scientist intern (full-time & paid) with the possibility of extension.

Qualifications:

- You are either enrolled in a Masters or in PhD of psychology program (preferably social, cognitive, or consumer)
- Background in commercial, consulting, consumer behavior marketing, or economic empirical behaviour an asset

They are open to part-time or full-time internships, ranging from 3 – 12 months. The full job posting can be viewed here:

<https://symend.bamboohr.com/jobs/view.php?id=59&source=other>

More information on Symend can be found on our website: <https://symend.com/>

# Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



**“Charisma”**

**Charisma is available to foster along with her other friends at [Pawsitive Match](#)**

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**Do you have something you would like to include in the Monday Memo newsletter? Please send it to [pnguy@ucalgary.ca](mailto:pnguy@ucalgary.ca) before Thursday at noon.**

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