# **MONDAY MEMO**



**February 3, 2020** 

INSIDE THIS ISSUE:
Department News1
Research Notes and Activities2
<b>Resources2-3</b>
Events4-5
Psychology in the News5
Volunteer and Job Postings6-7



# **DEPARTMENT NEWS**

#### HIGHLIGHTED PUBLICATION



Larson, N., McLarnon, J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. Journal of Applied Psychology. Advance online publication. doi: 10.1037/apl0000479

Although team effectiveness research has advanced our understanding of team processes, much of this research has been based on static methodologies, despite the recognition that team processes change over time. Thus, the purpose of this article is to advance the team dynamics literature by developing and testing a theoretical account of team engagement in processes toward a deadline. We theorize about team process trajectories, which we suggest is the form of process change over time (i.e., pattern of increase/decrease). Further, we identify a key driver of process trajectories and consider the implications of trajectories for team performance. Results from a series of linear multilevel latent growth models suggested that teams' engagement in strategy and planning, monitoring goal progress, and cooperative conflict management (cf. Marks, Mathieu, & Zaccaro, 2001) increased over time toward a deadline, and that steeper increases tended to be positively related to team performance. Finally, achievement-striving was found to be an important within-team factor driving team-specific process trajectories and was indirectly related to performance. This study provides new theoretical insights with respect to how teams engage in processes toward a deadline, along with team achievement-striving as a compositional input, and the performance implications of team process trajectories.

# **RESEARCH NOTES AND ACTIVITIES**

- Brendan B McAllister, Sarah E Thackray, Brenda Karina Garciá de la Orta, Elise Gosse, Purnoor Tak, Colten Chipak, Sukhjinder Rehal, Abril Valverde Rascón, **Richard H Dyck** (in press) Effects of enriched housing on the neuronal morphology of mice that lack zinc transporter 3 (ZnT3) and vesicular zinc. Behavioural Brain Research, <a href="https://doi.org/10.1016/j.bbr.2019.112336">https://doi.org/10.1016/j.bbr.2019.112336</a>.
- **Bourdage, J. S.**, Schmidt, J., Wiltshire, J., Nguyen, B., & Lee, C. (2019). Personality, interview faking, and the mediating role of attitudes, norms, and perceived behavioral control. International Journal of Selection and Assessment. <a href="https://doi.org/10.1111/ijsa.12278">https://doi.org/10.1111/ijsa.12278</a>
- Deleemans, J. M., Chleilat, F., Reimer, R. A., Henning, J. W., Baydoun, M., Piedalue, K. A., ... **Carlson, L. E.** (2019). The chemo-gut study: investigating the long-term effects of chemotherapy on gut microbiota, metabolic, immune, psychological and cognitive parameters in young adult Cancer survivors; study protocol. *BMC cancer*, *19*(1), 1243. doi:10.1186/s12885-019-6473-8
- Martopullo, C., Oberoi, D., Levin, G., Qureshi, M., Morgan-Maver, E., Korzeniewski, O., ... Bultz, B. D. (2019). Among authors: **Carlson L.E. & Pelletier G.** "In the same boat"-a mixed-methods exploration of reasons why male gastrointestinal cancer patients joined a professionally led men-only cancer support group. *Journal of cancer survivorship : research and practice*, 10.1007/s11764-019-00838-x. Advance online publication. doi:10.1007/s11764-019-00838-x
- Larson, N., McLarnon, J. W., & **O'Neill, T. A.** (in press). Challenging the "Static" Quo: Trajectories of engagement in team processes toward a deadline. Journal of Applied Psychology. Advance online publication. doi: 10.1037/apl0000479

## **RESOURCES**

#### Science Outside the Lab North 2020

SOtL North is an immersive, hands-on introduction to science & policy in Canada for graduate students, postdocs, and young professionals of all disciplines: sciences, engineering, and humanities alike. Join us in this summer for your crash course in Canadian science policy! SOtL North is an intensive, week-long immersion in Canada's science, policy, and culture. Get to know the people who fund, regulate, critique, publicize, & study science, either in our general Ottawa, Ontario & Montréal, Québec sessions, or our health policy-focused session in BC.

#### Summer 2020

	Session A:	Session B:	
	May 9 <sup>th</sup> to May 16 <sup>th</sup>	May 23 <sup>rd</sup> to May 30 <sup>th</sup>	
Both take place in Ottawa, Ontario & Montréal, Quebec			
	BC-Health Session:		
	a a		

June 6<sup>th</sup> to June 13<sup>th</sup>

This session takes place in both Victoria, BC & Vancouver, BC

Program Fee: \$950

Apply by **February 14th**. Fee includes program, lodging, breakfast/lunch, and during-program transportation. Reduced fees available for local students.

For more information and to apply visit www.SOtLnorth.ca. Direct inquiries to info@SOtLnorth.ca

#### **Knowledge Mobilization Program**



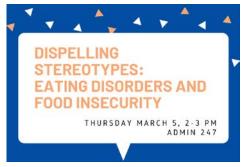
Bishop's University now offers a graduate certificate in the emerging field of Knowledge Mobilization. With a Graduate Certificate in Knowledge Mobilization from Bishop's University, you can become the bridge between researchers, policy makers, and practitioners. Our short intensive program will give you the key skills to build community-academic partnerships and put research results into the hands of those who need it.

- Complete a 15-credit program in just 12 weeks from May-July
- · Gain 6 weeks of hands-on work experience through a community-based practicum
- Master skills that are in demand by employers and graduate supervisors

Apply by March 1, 2020: ubishops.ca/admissions

Questions? Contact Dr. Suzanne Hood shood@ubishops.ca

#### RESOURCES Continued...



#### **Dispelling Stereotypes: Eating Disorders and Food Insecurity**

Thursday March 5, 2-3pm, Admin 247

You're invited to attend a lecture by distinguished clinical psychologist and eating disorders researcher Dr. Carolyn Black Becker on her recent research on food insecurity. Dr. Becker is renowned for her work testing and disseminating the body dissatisfaction prevention program The Body Project, exposure therapy for eating disorders and PTSD, and more.

\*If you would like to attend, please RSVP to kvonrans@ucalgary.ca by Monday, March 2

#### **EPPP 4-Day Workshop - Four Points Sheraton**

March 12-15, 2020 (8am - 5:30pm Daily) • Calgary, Alberta



This engaging and comprehensive workshop offers 32 hours of test preparation and an extensive overview of the most difficult and heavily emphasized areas, current and relevant information focused on those terms and concepts which appear most frequently on the examination, critical thinking skills and testing strategies, as well as content handouts that include over 100 sample study questions.

#### DOMAINS COVERED:

- Abnormal Psychology
- Clinical Psychology
- Statistics and Research Design
- Test Construction
- Life Span Development

- Industrial/Organizational Psychology
- Physiological Psychology and Psychopharmacology
- Ethics and Professional Issues
- Learning Theory, Behavioral and Cognitive-Behavioral Interventions & Memory and Forgetting
- Social Psychology
- Psychological Assessment

For those interested, please enroll at: <a href="https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/">https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/</a>
Note: Students can reach out to Kevin Norton (<a href="https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/">https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/</a>
Note: Students can reach out to Kevin Norton (<a href="https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/">https://behavioral-science.aatbs.com/eppp-workshop/mar2020/calgary/</a>

# ROBERT T. MULLER, PH.D. AUTHOR Trauma and the Struggle to Open Up

#### Trauma and the Struggle to Open Up

 $\begin{tabular}{ll} Two-day workshop in Calgary March 23 \& 24 being offered by Dr. Robert Muller from York University \\ \end{tabular}$ 

This practical workshop, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestsellers: Trauma & the Avoidant Client + Trauma and the Struggle to Open Up—is aimed at building your understanding of the psychotherapeutic relationship with challenging clients, particularly trauma clients. Through the lens of attachment theory, using a relational, integrative approach, Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors.

Recovering from trauma is a complicated process. When people reveal too much, too soon, they may feel worse. The pacing of therapy is critical. Here too, the key is in the therapist-client relationship. Dr. Muller walks you through the relational approaches that help pace the process of opening up — so that people find the experience helpful, not harmful. Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller's own treatment sessions. This workshop focuses on clinical skills that are directly applicable in your work as therapists. You will learn specific skills to ensure ethical practice with all clients. Please register at:  $\frac{http://www.jackhirose.com/workshop/trauma-calgary/$ 

#### **Treatment for Anxiety**

Every year, the Clinical Psychology Program at the University of Calgary offers treatment for people experiencing high levels of anxiety, for example specific phobias, fear of public speaking, social anxiety etc. Therapy is offered in the Winter term (beginning January 2020). The Program is offered by graduate students in Clinical Psychology, under the supervision of a Clinical Psychologist. Treatment sessions are typically once per week, and there is also work to do between sessions, so a commitment to treatment is important. **The treatment is personalized, confidential and free.** If you, a friend or family member might benefit, contact **Dr. Lianne Tomfohr-Madsen** by email at <a href="mailto:ltomfohr@ucalgary.ca">ltomfohr@ucalgary.ca</a> to set up a brief interview and assessment.

### **EVENTS**

#### **Campus Mental Health Survey**

A study is being conducted investigating mental health stigma on campus. If you are a full-time student, 18 years or older, in your second or more year of study, and interested in having your voice heard, you can complete the anonymous survey here: <a href="https://survey.ucalgary.ca/jfe/form/SV\_bwRYoEDYedHM5rD">https://survey.ucalgary.ca/jfe/form/SV\_bwRYoEDYedHM5rD</a>. All entries will be entered into a draw for a 10\$ gift card. Participation is entirely voluntary and anonymous. Please contact <a href="mailto:julia.stamp@ucalgary.ca">julia.stamp@ucalgary.ca</a> for more information. The University of Calgary Conjoint Faculties Research Ethics Board has approved this study (REB19-1292).



\*Students please note participating in this study will **not** count towards your research participation credits

#### **Undergraduate Students' Awareness of Community Engagement Research Project**



This study gauges the undergraduate students' level of awareness of the University of Calgary's community engagement efforts. A 3-minute survey has been published that intends to achieve this purpose, and we are currently looking for undergraduate students to participate. You will be able to find this survey at the webpage below:

https://survey.ucalgary.ca/jfe/form/SV\_6J9ja1kt4C44Hyd

At the end of the survey, there is an option for students to enter into a draw to win one of twenty \$10 gift cards. If you have any questions or concerns about the survey, please reach out to Tammy Wong (<a href="mailto:tammy.wong1@ucalgary.ca">tammy.wong1@ucalgary.ca</a>). The University of Calgary Conjoint Faculties Research Ethics Board has approved this study (REB15-0299).

\*Students please note participating in this study will **not** count towards your research participation credits

#### **Psychiatry (Seb Littmann) Research Day**

The **33rd Annual Sebastian K. Littmann Research Day** will be held on **Friday March 6, 2020**. The research day is a component of the inaugural Departmental Research and Education Day, which also includes the upcoming Psychiatric Quarterly Update Anxiety half day: <a href="https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\_id/10231">https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\_id/10231</a>

The research day will feature Dr. Nicole Kozloff of the University of Toronto, speaking on "Optimizing service delivery for youth and emerging adults with serious mental illness" and the University of Calgary's Dr. Frank Stahnisch "Contextualizing Dr. Sebastian Klaus Littmann's (1931-1986) Career within Psychiatry's Community-Based Transitions, 1970s-1980s -- A CJP Paper Summary".

Registration is now open at EventBrite: <a href="https://www.eventbrite.ca/e/33rd-sebastian-k-littmann-research-day-2020-tickets-83857288407">https://www.eventbrite.ca/e/33rd-sebastian-k-littmann-research-day-2020-tickets-83857288407</a>

Attending the research day is free, but your registration helps with our planning, so please register if you plan to attend.

The deadline for abstracts is not just one month away. You can find the abstract submission form at the Seb Littmann Research Day web page: http://psychiatryresearchday.ca







The 33rd Annual Sebastian K. Littmann Research Day Friday March 6, 2020, Coombs/Auditorium FMC



<u>Keynote Presentation</u>:
Dr. Nicole Kozloff. CAMH/University of Toronto

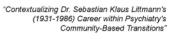
"If you build it, will they come? Optimizing service delivery for youth and emerging adults with serious mental illness"

Abstract Deadline February 14, 2020



information available at:
www.psychiatryresearchday.ca

Special Presentation: Professor Frank Stahnisch,





#### The 9th Annual Interdisciplinary Conference in Psychology – Call for Abstracts



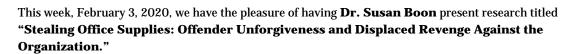
The Interdisciplinary Conference in Psychology (ICP) is an international peer-reviewed academic conference organized each year by graduate and undergraduate students from the School of Psychology at the University of Ottawa. ICP will be celebrating its ninth anniversary on May 7th and 8th, 2020 in Ottawa, Ontario, Canada. Abstract submissions are now being accepted from students and professors studying topics related to psychology from **January 6th and February 15th**, **2020**. For more information, please visit: https://icpcip2020.sciencesconf.org/

#### **Arts Undergraduate Research Symposium (AURS) 2020**

The Faculty of Arts Students' Association (FASA), with the support of the Faculty of Arts, is conducting Arts Undergraduate Research Symposium (AURS) 2020. It is a platform for students to present their research to the greater Faculty of Arts community, and Arts Alumni from various industries. There are monetary prizes for top presenters. If you're interested in showcasing your research apply at <a href="https://docs.google.com/forms/d/e/1FAIpQLSdkI2IEtuAm1F2zCv\_5OUv4j8Z39m6drBrMFG9u\_ZYuWi\_4KA/viewform">https://docs.google.com/forms/d/e/1FAIpQLSdkI2IEtuAm1F2zCv\_5OUv4j8Z39m6drBrMFG9u\_ZYuWi\_4KA/viewform</a>

Applications close on February 4th. It is a student led event. It will be conducted on March 24th, 2020 in the Husky Hall (near the Rozsa Theatre inside Rozsa Centre). Please contact FASA's VP Academic at <a href="mailto:academic@fasaucalgary.ca">academic@fasaucalgary.ca</a> with any questions or concerns.

The Social, Personality, and Social Development (SPSD) Psychology Research Group meets Mondays from 3:00pm – 4:30pm in Admin 248 to discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.





As always, everyone is welcome to attend, and please feel free to bring along anyone else who might be interested!



**The Cognitive Science Seminar (CSS)** is a weekly seminar featuring one to two research presentations by faculty, post-docs, graduate students, and honours students at the University of Calgary. We invite all interested individuals to join us!

Thursday, February 6, 2020 / 4:00 pm - 5:00 pm / AD 051~053

This week **Dr. Julia Kam** will be presenting her research, "**Neural mechanisms** underlying internal attention: past, present and future."

# **PSYCHOLOGY IN THE NEWS**

**Dr. Giuseppe Iaria in UToday** "Lost? Neuroscientist's new training program could get you going in the right direction"

**Dr. Andrew Szeto in UToday** "Make your mark for Bell Let's Talk Day's 10-year anniversary"



## **VOLUNTEER AND JOB POSTINGS**

#### **Undergraduate Research Opportunity**

Dr. Kyleigh Schraeder, PhD (R.Psych) in the Department of Pediatrics at the University of Calgary is looking for an undergraduate student in psychology with an interest in adolescent mental health and healthcare systems. This student would become part of a multidisciplinary research team, located at the Alberta Children's Hospital, investigating the role of primary care for adolescents and young adults treated for mental health issues. Experience conducting literature reviews and qualitative research is preferred. Interested students are encouraged to reach out to Dr. Schraeder for more details. <a href="mailto:kyleigh.schraeder@ucalgary.ca">kyleigh.schraeder@ucalgary.ca</a>

#### Do you want to make a difference in a Special Needs Child's life?

We are looking for patient, caring individuals to work with a fourteen year old boy with Autism. The work will involve a mixture of structured therapy (for which training will be provided) and community/respite activities. We need people who are interested in part-time employment of between four and six hours per week, and who are willing to provide a genuine commitment. We pay FSCD rates (between \$20 - \$26 per hour, depending on the activity). We are looking for people who are kind, patient and flexible. Experience with autism is a plus, but if you like kids and are eager to learn, that is a great start. You will join a team of other workers and professionals, including a Psychologist, and Speech, Occupational and Physio Therapists. It is a great opportunity for people who are taking some time out before applying for graduate or professional school, and who want to make a difference in a young man's life.

We live in Calgary SW, in the Signal Hill area. If you're interested, please reply to <a href="mailto:ihollowa@ucalgary.ca">ihollowa@ucalgary.ca</a> with a copy of your cover letter, resume and references. [Dr. Ian Holloway PC QC, Professor and Dean of Law]

#### **Research Assitant Position**

A master student in the School Psychology program is searching for two (2) research assistants to work 100 hours (20\$/hour, approx. 8 hours/week) or one (1) research assistant to work 200 hours (20\$/hour, approx. 10 hours/week) from February until end of April with possibility to extend. Tasks will include on campus recruitment for survey study, possible classroom visits (10 minutes maximum per visit) for recruitment, and data entry. Please contact Julia Stamp at <a href="mailto:julia.stamp@ucalgary.ca">julia.stamp@ucalgary.ca</a> if interested or if you have any questions.

#### **Undergraduate Vounteer Opportunity - Research Assistant**

Research Area: The leadership and personality lab at the University of North Carolina at Greensboro is looking for a volunteer research assistant in the area of leadership, personality, and work relationships. Specifically, we are looking for a Research Assistant Coder to assist with:

- Collecting literature searchers for relevant papers
- Coding studies for relevant statistics (e.g., correlations)
- Ensuring consistent coding of variables across papers; maintaining high quality standards in records
- Maintaining a central codebook database for common variables across studies

 $Time\ commitment:\ 3\ hours\ per\ week\ /\ Winter\ 2020,\ with\ the\ possibility\ of\ continuing\ into\ Spring$ 

How to apply: If you are interested, please send a resume to Dr. Madelynn Stackhouse <a href="mrstackh@uncg.edu">mrstackh@uncg.edu</a>, along with a brief email explaining why you would like the position.

#### Masters in Experimental Psychology with Specialization in Wearable Technology

The Healthy Families Lab at the University of Calgary is advertising for a MSc or PhD student in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. https://www.healthyfamilieslab.com/

#### **VOLUNTEER AND JOB POSTINGS Continued...**

The Department of Psychology at the **University of Winnipeg** invites applications for a **probationary tenure-track faculty position at the Assistant Professor level**. Subject to budgetary approval, the appointment will be effective July 1, 2020. The successful applicant will have a demonstrated record of research productivity with the ability to build and maintain an externally funded research program. We welcome applications from all specializations within psychology but particularly solicit candidates in clinical psychology or cognitive neuroscience (or related fields such as developmental, behavioural, or social neuroscience). Applicants must have a Ph.D. in psychology or a related field (e.g., neuroscience). All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents will be given priority. Applicants are requested to submit a complete application that will include:

- · a cover letter
- a current curriculum vitae
- · a research statement
- evidence of teaching experience and effectiveness, which could include formal student evaluations of teaching, informal testimonials from students, and/or a teaching dossier

The application deadline is **February 28, 2020**. Applicants must submit the above materials through The University of Winnipeg's online recruitment system, <a href="https://www.northstarats.com/University-of-Winnipeg">https://www.northstarats.com/University-of-Winnipeg</a>. Candidates should also arrange for three letters of recommendation (addressed to the Departmental Personnel Committee) to be e-mailed separately to: Karen Barkhouse, Administrative Assistant, Department of Psychology (email: <a href="https://www.northstarats.com/University-of-Winnipeg">https://www.northstarats.com/University-of-Winnipeg</a>. Candidates should also arrange for three letters of recommendation (addressed to the Departmental Personnel Committee) to be e-mailed separately to: Karen Barkhouse, Administrative Assistant, Department of Psychology (email: <a href="https://www.northstarats.com/University-of-Winnipeg">https://www.northstarats.com/University-of-Winnipeg</a>. Candidates should also arrange for three letters of recommendation (addressed to the Departmental Personnel Committee) to be e-mailed separately to: Karen Barkhouse, Administrative Assistant, Department of Psychology (email: <a href="https://www.northstarats.com/university-of-Winnipeg">https://www.northstarats.com/University-of-Winnipeg</a>.

The Department of Psychology at the **University of Regina** invites applications for a new position as **the Director of our Psychology Training Clinic**. Appointment start date will be negotiated with the successful candidate **Requirements**: Applicants must have a doctorate in clinical psychology from a CPA- or APA-accredited program. Our preference is for someone with adult clinical experience who has received training on and/or has experience in supervising the clinical work of clinical psychology students. Applicants should be registered as a Psychologist in Saskatchewan or be eligible to apply for provisional registration as soon as possible after they are hired. Maintenance of registration as a Doctoral Psychologist in the province of Saskatchewan will be a condition for continuation of employment. The successful candidate should show clear promise of excellence in clinical supervision and management of the clinic and must have well-developed written and verbal communication skills; budget management experience is also an asset. Review of applications will begin immediately and continue until the position is filled. Applicants must electronically submit via http://www.uregina.ca/hr/careers including the following documents:

- · a covering letter providing a statement of clinical expertise and interests
- evidence of effectiveness in clinical supervision
- · current curriculum vita

Candidates must also arrange for three (3) current letters of reference and certified degree transcripts to be sent directly by the referees and granting institutions to Dean, Faculty of Arts, University of Regina, Regina, Saskatchewan, Canada, S4S 0A2 or arts.deans.office@uregina.ca
For more information, please visit: <a href="https://www.uregina.ca/hr/careers/opportunities.html">https://www.uregina.ca/hr/careers/opportunities.html</a>

The Department of Psychology at **Brock University**, located in the Niagara region of Canada, invites applications for a **two probationary tenure-track positions**, **at the rank of Assistant Professor** to commence as early as July 1, 2020. Review of applications will begin immediately; posting closes March 2, 2020. We have openings for:

- 1) <u>Community Psychology</u>. Individuals with a focus on how the environment impacts (mental) health, or with an emphasis on poverty, diversity, and/or Indigenous populations, are especially encouraged to apply here: <a href="https://brocku.wd3.myworkdayjobs.com/brocku\_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Community-Psychology\_JR-1004962">https://brocku.wd3.myworkdayjobs.com/brocku\_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Community-Psychology\_JR-1004962</a>
- **2)** <u>Biological Psychology.</u> Individuals who use animal models to investigate fundamental questions in biological psychology, from any area of biological psychology / behavioural neuroscience are encouraged to apply at here: <a href="https://brocku.wd3.myworkdayjobs.com/brocku\_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Biological-Psychology\_JR-1004961">https://brocku.wd3.myworkdayjobs.com/brocku\_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Biological-Psychology\_JR-1004961</a>

# **Happy Monday!**

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



**"Laila"** Photo by Nisha Vashi

Do you have something you would like to include in the Monday Memo newsletter? Please send it to <a href="mailto:pnguy@ucalgary.ca">pnguy@ucalgary.ca</a> before Thursday at noon.

Department of Psychology

University of Calgary

Administration Building, Room AD 255 https://psyc.ucalgary.ca/home/mondaymemo

Phone: (403) 220-3600

Fax: (403) 282-8249