Although team effectiveness research has advanced our understanding of team processes, much of this research has been based on static methodologies, despite the recognition that team processes change over time. Thus, the purpose of this article is to advance the team dynamics literature by developing and testing a theoretical account of team engagement in processes toward a deadline. We theorize about team process trajectories, which we suggest is the form of process change over time (i.e., pattern of increase/decrease). Further, we identify a key driver of process trajectories and consider the implications of trajectories for team performance. Results from a series of linear multilevel latent growth models suggested that teams’ engagement in strategy and planning, monitoring goal progress, and cooperative conflict management (cf. Marks, Mathieu, & Zaccaro, 2001) increased over time toward a deadline, and that steeper increases tended to be positively related to team performance. Finally, achievement-striving was found to be an important within-team factor driving team-specific process trajectories and was indirectly related to performance. This study provides new theoretical insights with respect to how teams engage in processes toward a deadline, along with team achievement-striving as a compositional input, and the performance implications of team process trajectories.
RESEARCH NOTES AND ACTIVITIES


RESOURCES

**Science Outside the Lab North 2020**

SOtL North is an immersive, hands-on introduction to science & policy in Canada for graduate students, postdocs, and young professionals of all disciplines: sciences, engineering, and humanities alike. Join us in this summer for your crash course in Canadian science policy! SOtL North is an intensive, week-long immersion in Canada’s science, policy, and culture. Get to know the people who fund, regulate, critique, publicize, & study science, either in our general Ottawa, Ontario & Montréal, Quebec sessions, or our health policy-focused session in BC.

**Summer 2020**

- **Session A:** May 9th to May 16th
- **Session B:** May 23rd to May 30th

**BC-Health Session:**

- June 6th to June 13th

Program Fee: $950

Apply by **February 14th**. Fee includes program, lodging, breakfast/lunch, and during-program transportation. Reduced fees available for local students.

For more information and to apply visit [www.SOtLnorth.ca](http://www.SOtLnorth.ca). Direct inquiries to info@SOtLnorth.ca

**Knowledge Mobilization Program**

Bishop’s University now offers a graduate certificate in the emerging field of Knowledge Mobilization. With a Graduate Certificate in Knowledge Mobilization from Bishop’s University, you can become the bridge between researchers, policy makers, and practitioners. Our short intensive program will give you the key skills to build community-academic partnerships and put research results into the hands of those who need it.

- Complete a 15-credit program in just 12 weeks from May-July
- Gain 6 weeks of hands-on work experience through a community-based practicum
- Master skills that are in demand by employers and graduate supervisors

Apply by **March 1, 2020**: ubishops.ca/admissions

Questions? Contact Dr. Suzanne Hood shood@ubishops.ca
RESOURCES Continued...

Dispelling Stereotypes: Eating Disorders and Food Insecurity

Thursday March 5, 2-3pm, Admin 247

You’re invited to attend a lecture by distinguished clinical psychologist and eating disorders researcher Dr. Carolyn Black Becker on her recent research on food insecurity. Dr. Becker is renowned for her work testing and disseminating the body dissatisfaction prevention program The Body Project, exposure therapy for eating disorders and PTSD, and more.

*If you would like to attend, please RSVP to kvonrans@ucalgary.ca by Monday, March 2

EPPP 4-Day Workshop - Four Points Sheraton
March 12-15, 2020 (8am - 5:30pm Daily) • Calgary, Alberta

This engaging and comprehensive workshop offers 32 hours of test preparation and an extensive overview of the most difficult and heavily emphasized areas, current and relevant information focused on those terms and concepts which appear most frequently on the examination, critical thinking skills and testing strategies, as well as content handouts that include over 100 sample study questions.

DOMAINS COVERED:
- Abnormal Psychology
- Clinical Psychology
- Statistics and Research Design
- Test Construction
- Life Span Development
- Industrial/Organizational Psychology
- Physiological Psychology and Psychopharmacology
- Ethics and Professional Issues
- Learning Theory, Behavioral and Cognitive-Behavioral Interventions & Memory and Forgetting
- Social Psychology
- Psychological Assessment

For those interested, please enroll at: [https://behavioral-science.aats.org/eppp-workshop/mar2020/calgary/](https://behavioral-science.aats.org/eppp-workshop/mar2020/calgary/)  

*Note:* Students can reach out to Kevin Norton (kevin.norton@triahq.com) for a $200 discount off the enrollment rate.

Trauma and the Struggle to Open Up

Two-day workshop in Calgary March 23 & 24 being offered by Dr. Robert Muller from York University

This practical workshop, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestsellers: Trauma & the Avoidant Client + Trauma and the Struggle to Open Up—is aimed at building your understanding of the psychotherapeutic relationship with challenging clients, particularly trauma clients. Through the lens of attachment theory, using a relational, integrative approach, Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors.

Recovering from trauma is a complicated process. When people reveal too much, too soon, they may feel worse. The pacing of therapy is critical. Here too, the key is in the therapist-client relationship. Dr. Muller walks you through the relational approaches that help pace the process of opening up—so that people find the experience helpful, not harmful. Throughout the workshop, theory is complemented by case examples, practical exercises, and segments from Dr. Muller’s own treatment sessions. This workshop focuses on clinical skills that are directly applicable in your work as therapists. You will learn specific skills to ensure ethical practice with all clients. Please register at: [http://www.jackhirose.com/workshop/trauma-calgary/](http://www.jackhirose.com/workshop/trauma-calgary/)
EVENTS

The 9th Annual Interdisciplinary Conference in Psychology – Call for Abstracts

The Interdisciplinary Conference in Psychology (ICP) is an international peer-reviewed academic conference organized each year by graduate and undergraduate students from the School of Psychology at the University of Ottawa. ICP will be celebrating its ninth anniversary on May 7th and 8th, 2020 in Ottawa, Ontario, Canada. Abstract submissions are now being accepted from students and professors studying topics related to psychology from January 6th and February 15th, 2020. For more information, please visit: https://icpcip2020.sciencesconf.org/

Bake Sale

Featuring Crave Cupcakes!

February 10th and 11th
9:30 am to 4:30 pm
Outside AD 142

Psychology Department Speaker Series

3 Talks from 3 Faculty Members in the Department

MARCH 4TH / 2-3 PM / AD 142

Dr. Richard Dyck:
Promoting plasticity and resilience by galvanizing cerebral circuits

Dr. Derya Sargin:
Friends or foes? Your orexin knows

Dr. Keith Yeates:
Concussion in kids—ain’t that a kick in the head
Undergraduate Students' Awareness of Community Engagement Research Project

This study gauges the undergraduate students' level of awareness of the University of Calgary's community engagement efforts. A 3-minute survey has been published that intends to achieve this purpose, and we are currently looking for undergraduate students to participate. You will be able to find this survey at the webpage below:

https://survey.ucalgary.ca/jfe/form/SV_6J9ja1kt4C44Hyd

At the end of the survey, there is an option for students to enter into a draw to win one of twenty $10 gift cards. If you have any questions or concerns about the survey, please reach out to Tammy Wong (tammy.wong1@ucalgary.ca). The University of Calgary Conjoint Faculties Research Ethics Board has approved this study (REB15-0299).

“Students please note participating in this study will not count towards your research participation credits

Psychiatry (Seb Littmann) Research Day

The 33rd Annual Sebastian K. Littmann Research Day will be held on Friday March 6, 2020. The research day is a component of the inaugural Departmental Research and Education Day, which also includes the upcoming Psychiatric Quarterly Update Anxiety half day: https://cumming.ucalgary.ca/cme/courses/topics#view/event/event_id/1021

The research day will feature Dr. Nicole Kozloff of the University of Toronto, speaking on "Optimizing service delivery for youth and emerging adults with serious mental illness" and the University of Calgary's Dr. Frank Stahnisch "Contextualizing Dr. Sebastian Klaus Littmann's (1931-1986) Career within Psychiatry’s Community-Based Transitions, 1970s--1980s -- A CJP Paper Summary".

Registration is now open at EventBrite: https://www.eventbrite.ca/e/33rd-sebastian-k-littmann-research-day-2020-tickets-83857288407

Attending the research day is free, but your registration helps with our planning, so please register if you plan to attend.

The deadline for abstracts is not just one month away. You can find the abstract submission form at the Seb Littmann Research Day web page: http://psychiatryresearchday.ca

The Social, Personality, and Social Development (SPSD) Psychology Research Group meets Mondays from 3:00pm – 4:30pm in Admin 248 to discuss and learn about research being conducted by faculty, students, and affiliates of the University of Calgary.

This week, February 10, 2020, we have the pleasure of having Dr. Susan Boon and graduate student Elena Buliga present their research titled “Perceptions of Relationships involving Persons with Disabilities.”

As always, everyone is welcome to attend, and please feel free to bring along anyone else who might be interested!

The Cognitive Science Seminar (CSS) is a weekly seminar featuring one to two research presentations by faculty, post-docs, graduate students, and honours students at the University of Calgary. We invite all interested individuals to join us!

Thursday, February 13, 2020 / 4:00 pm - 5:00 pm / AD 051-053

This week Nisha Vashi will be presenting her research, “Evaluating a Curriculum-Based Assessment for Children with Diverse Developmental Profiles.”
PSYCHOLOGY IN THE NEWS

Dr. Jeffrey Caird in the National Post “More evidence texting pedestrians are accidents waiting to happen”

Dr. Giuseppe Iaria in the Scientific American “Living with No Sense of Direction”

SCHOLARSHIPS

Canadian Japanese Mennonite Scholarship

The scholarship was created as a tangible symbol of co-operation between Canadian Japanese and Canadian Mennonites subsequent to a formal apology that was offered to Canadian Japanese by MCC Canada on behalf of Canadian Mennonites. The scholarship is intended to assist the protection of minority and human rights in Canada, and to reduce the potential for abuse of cultural minorities such as that suffered by Japanese Canadians during World War II.

Amount: $2,000.00, Application Deadline: April 1, 2020

Selection Criteria - The scholarship will be awarded to a student who is:
- A Canadian citizen, permanent resident, or international student studying at a Canadian university in Canada;
- Enrolled in a graduate degree program the fall semester following the deadline; and
- Engaged in research that will assist the protection of minority or human rights in Canada.

For an application form or for more information visit: mcccanada.ca/scholarships or contact Mennonite Central Committee Canada.
Email: canada@mcccanada.ca (Attn: CJM Scholarship)

VOLUNTEER AND JOB POSTINGS

Masters in Experimental Psychology with Specialization in Wearable Technology

The Healthy Families Lab at the University of Calgary is advertising for a MSc or PhD student in an experimental psychology with an interest in exercise and sleep during the transition to parenthood. The student would become part of an innovative line of research investigating interventions to improve and preserve health behaviours (e.g., sleep and exercise) during the transition to parenthood and the role of digital and wearable technology in both assessment and health promotion. Primarily supervised at the University of Calgary, the student would have the opportunity to be a part of the wearable technology program and to collaborate with the Behavioural Medicine Lab at the University of Victoria.

Interested students are encouraged to reach out to Dr. Tomfohr-Madsen for more details. https://www.healthyfamilieslab.com/

The Department of Psychology at the University of Winnipeg invites applications for a probationary tenure-track faculty position at the Assistant Professor level. Subject to budgetary approval, the appointment will be effective July 1, 2020. The successful applicant will have a demonstrated record of research productivity with the ability to build and maintain an externally funded research program. We welcome applications from all specializations within psychology but particularly solicit candidates in clinical psychology or cognitive neuroscience (or related fields such as developmental, behavioural, or social neuroscience). Applicants must have a Ph.D. in psychology or a related field (e.g., neuroscience). All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents will be given priority. Applicants are requested to submit a complete application that will include:

- a cover letter
- a current curriculum vitae
- a research statement
- evidence of teaching experience and effectiveness, which could include formal student evaluations of teaching, informal testimonials from students, and/or a teaching dossier

The application deadline is February 28, 2020. Applicants must submit the above materials through The University of Winnipeg’s online recruitment system, https://www.northstarats.com/University-of-Winnipeg. Candidates should also arrange for three letters of recommendation (addressed to the Departmental Personnel Committee) to be e-mailed separately to: Karen Barkhouse, Administrative Assistant, Department of Psychology (email: k.barkhouse@uwinnipeg.ca)
The Department of Psychology at the University of Regina invites applications for a new position as the Director of our Psychology Training Clinic. Appointment start date will be negotiated with the successful candidate. Requirements: Applicants must have a doctorate in clinical psychology from a CPA- or APA-accredited program. Our preference is for someone with adult clinical experience who has received training on and/or has experience in supervising the clinical work of psychology students. Applicants should be registered as a Psychologist in Saskatchewan or be eligible to apply for provisional registration as soon as possible after they are hired. Maintenance of registration as a Doctoral Psychologist in the province of Saskatchewan will be a condition for continuation of employment. The successful candidate should show clear promise of excellence in clinical supervision and management of the clinic and must have well-developed written and verbal communication skills; budget management experience is also an asset. Review of applications will begin immediately and continue until the position is filled. Applicants must electronically submit via http://www.uregina.ca/hr/careers including the following documents:

- a covering letter providing a statement of clinical expertise and interests
- evidence of effectiveness in clinical supervision
- current curriculum vita

Candidates must also arrange for three (3) current letters of reference and certified degree transcripts to be sent directly by the referees and granting institutions to Dean, Faculty of Arts, University of Regina, Regina, Saskatchewan, Canada, S4S 0A2 or arts.deans.office@uregina.ca

For more information, please visit: https://www.uregina.ca/hr/careers/opportunities.html

The Department of Psychology at Brock University, located in the Niagara region of Canada, invites applications for a two probationary tenure-track positions, at the rank of Assistant Professor to commence as early as July 1, 2020. Review of applications will begin immediately; posting closes March 2, 2020. We have openings for:

1) Community Psychology. Individuals with a focus on how the environment impacts (mental) health, or with an emphasis on poverty, diversity, and/or Indigenous populations, are especially encouraged to apply here: https://brocku.wd3.myworkdayjobs.com/brocku_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Community-Psychology_JR-1004962

2) Biological Psychology. Individuals who use animal models to investigate fundamental questions in biological psychology, from any area of biological psychology / behavioural neuroscience are encouraged to apply at here: https://brocku.wd3.myworkdayjobs.com/brocku_careers/job/St-Catharines-Main-Campus/Assistant-Professor--Biological-Psychology_JR-1004961

The Department of Psychology in the Faculty of Arts and Social Sciences at Simon Fraser University (SFU) invites applications for one tenure-track faculty position at the rank of Assistant Professor in Clinical Child Neuropsychology or Clinical Child Psychology to begin as early as July 1, 2020. Given program needs, strong preference will be given to applicants with expertise in clinical child neuropsychology, but we welcome strong applicants with expertise in clinical child psychology more broadly. Applicants must have completed a Ph.D. with a focus on clinical child neuropsychology or clinical child psychology from a CPA- or APA-accredited institution by the time of appointment or shortly thereafter. Successful candidates must be eligible for registration with the College of Psychologists of British Columbia, must initiate the registration process within the first 12 months of hire and subsequently maintain registration throughout their employment.

We seek candidates who will contribute to and complement existing strengths in clinical neuropsychology or clinical child psychology. All candidates should clearly demonstrate the potential to establish a strong research program focused on children, youth, adolescence, and/or developmental issues. A commitment to diversity in research, teaching, and service and to mentoring students who will conduct research with and serve diverse populations also is desirable.

All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents will be given priority. Application materials should be submitted electronically, via email to psycclin@sfu.ca. Please provide a cover letter, curriculum vitae, research and teaching statements, copies of representative publications, and arrange for three referees to submit letters of reference.

Applications will be reviewed as they are received until the position is filled, with priority given to completed applications received prior to December 16, 2019.

Inquiries should be directed to:
Dr. Deb Connolly / Chair, Department of Psychology / debc@sfu.ca
Happy Monday!

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!

“Nigiri”

Nigiri is available to adopt along with his other friends at AARCS

Do you have something you would like to include in the Monday Memo newsletter? Please send it to pnguy@ucalgary.ca before Thursday at noon.

Department of Psychology
University of Calgary
Administration Building, Room AD 255

https://psyc.ucalgary.ca/home/monday-memo

Phone: (403) 220-3600
Fax: (403) 282-8249