# **Monday Memo**

March 18, 2019



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#### **DEPARTMENT NEWS**

#### HIGHLIGHTED PUBLICATION



O'Sullivan, L. F., **Hughes K.**, Talbot, F., & Fuller, R. (2019). Plenty of fish in the ocean: How do traits reflecting resiliency moderate adjustment after experiencing a romantic breakup in emerging adulthood? *Journal of Youth and Adolescence, Online First*, pp. 1-14. DOI: 10.1007/s10964-019-00985-5

Breakups are common but often one of the most distressing experiences that young people can have. Poor adjustment to relationship loss is linked to depressive symptoms and rumination. This study assessed traits that reflect resiliency and that might comprise protective factors that ameliorate depressive symptoms and rumination. Online survey participants included 866 male and female late adolescents (18–22 years; Mean age = 20.7; 62% female; 82% White/Caucasian; 7% Asian/Southeast Asian; 6% Black/African American) who recently had experienced the breakup of a romantic relationship. Analyses assessed whether optimism, grit, and self-esteem moderated the breakup-adjustment relationship.

Read More: https://link.springer.com/article/10.1007%2Fs10964-019-00985-5

#### **VOLUNTEER AND JOB POSTINGS**

The Faculty of Arts and Science at Queen's University is pleased to invite applications for one-year Pre-Doctoral Fellowships for Indigenous Students. The Fellowships are open to Indigenous students enrolled in a PhD program and working on doctoral research in Arts or Science at an accredited university other than Queen's University. Candidates must have completed all degree requirements except the final doctoral project (e.g. dissertation) and will be expected to complete their doctoral work during the Fellowship.

Application Deadline: April 01, 2019.

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#### **VOLUNTEER AND JOB OPPORTUNITIES Continued...**

Red Deer College is now hiring a Psychology Instructor, Red Deer College (RDC) has been offering diverse programs and opportunities for learners since it was founded in 1964. In 2018, RDC was given approval by the Government of Alberta to become a recognized university. Looking to this exciting future, RDC is seeking highly qualified, committed faculty and staff to be part of the team of employees who will make this university vision a reality. RDC's transition to a university will impact learners for generations to come, and it will provide amazing career opportunities for employees. Through the multi-year transition process, the College will become a comprehensive regional teaching university. RDC will grant its own degrees that make sense for industry and regional needs, in addition to offering its current mix of trades, certificates, diplomas, graduate certificates, applied degrees and collaborative degrees. Across this diverse program mix, RDC will continue to provide students with applied learning and research opportunities. Faculty members have the opportunity to focus on teaching and learning, while also engaging in scholarly activity related to their area of expertise. For more information click here

The Language and Cognitive Development Lab is currently looking to fill several volunteer opportunities available for undergraduate students. We are looking for students that enjoy working with children and are curious about developmental research. This opportunity requires student volunteers to watch over young children while their siblings participate in research studies. Appointment times vary and the length of each appointment ranges from 30 minutes to 1 hour. Volunteers are expected to commit up to 5 hours each week. If you are interested in a volunteer position, please e-mail Summer Abdalla at babytalk@ucalgary.ca

#### Want to get involved in health psychology research?

The Department of Psychosocial and Rehabilitation Oncology, Tom Baker Cancer Centre, are currently recruiting a **volunteer research assistant** to help with our systematic review of family-reported outcomes in oncology. The volunteer will assist the project team with reviewing articles to determine if they match the study protocol and summarizing key information from the literature on family-reported outcomes. There may also be opportunities to be involved in preparing conference presentations and manuscripts based on this project, if desired. The volunteer will be expected to contribute approximately 4-6 hours/week for approximately four months. Hours per week and location where work is completed are negotiable. **How to apply:** Please email a copy of your CV or resume and unofficial transcript to Jennifer (Jennifer.pink@ahs.ca). Qualified applicants will be invited to interview with a member of the project team.

#### Do you speak French?

The **Addictive Behaviours Lab** is looking for an undergraduate student to help with French language communication for a national survey project that includes Quebec. This will involve a limited number of casual hours over the next several months. If interested please send your resume to Matt Budd matthew.budd@ucalgary.ca

The **Department of Psychology** in the **Faculty of Arts** and **Science** at the **University of Toronto** invites applications for a three-year Contractually Limited-Term Appointment in the area of Social Psychology and Organizational Behavior. The appointment will be at the rank of Assistant Professor, Teaching Stream, beginning on July 1, 2019 and ending on June 30, 2022. Applicants must have earned a Ph.D degree in Social Psychology or a closely related field by the date of appointment or shortly thereafter. We seek candidates whose teaching interests complement and strengthen our existing departmental strengths (see psych.utoronto.ca). Candidates must have teaching expertise in a degree-granting program, including lecture preparation and delivery, curriculum development, and development of online material/lectures, and must possess a demonstrated commitment to excellent pedagogical practices and a demonstrated interest in teaching-related scholarly activities. For more information or to apply click here.

The Department of Educational and Counselling Psychology invites applications for a tenure-track position in School/Applied Child Psychology (SACP) graduate program at McGill University prepares School Psychologists with the research and clinical skills needed to enhance the educational and psychological well-being of children and adolescents. The successful candidate will hold a doctoral degree in School Psychology or a related discipline (Clinical Psychology or Neuropsychology). A professional identity as a School Psychologist and evidence of scholarly productivity and coherent program of research within or related to School Psychology are desirable. Eligibility and commitment to achieving licensure in Quebec (OPQ) is required. Although we will consider all strong applicants, preference will be given to applicants who are able to develop and implement a school-based/relevant research agenda, and have experience in assessment and/or intervention with school-aged or adolescent individuals. The successful candidate is expected to have produced high impact research and scholarship consistent with a research-intensive university, have a plan for securing external funding, and have played an active role in teaching, as well as graduate research and clinical supervision. Those applying at the Associate Professor rank should already have a well-developed and funded program of research. Review of applications will begin immediately and will continue until the position is filled. To ensure full consideration, all materials should be submitted by April 1, 2019. For more information click here

The **Department of Psychology** at the **University of Regina** is seeking applications for a **1-year term position in Clinical Psychology at the rank of Assistant Professor.** The successful candidate will have a PhD in Clinical Psychology from a CPA- or APA-accredited program. The successful candidate should also be registered or be eligible for registration with the Saskatchewan College of Psychologists. Area of research specialization is open for this position. Anticipated date of **commencement is July 1, 2019**, depending on the availability of the successful candidate. For more information click <a href="here">here</a>

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#### **VOLUNTEER AND JOB OPPORTUNITIES Continued...**

The Leonard Krasner Psychological Center (KPC) and the Mind Body Clinical Research Center (MB-CRC) in the Departments of Psychology and Psychiatry (respectively) at Stony Brook University seek 3 full-time Adult-focused Postdoctoral Fellows and 1

Child/Adolescent-focused Postdoctoral Fellow to provide outpatient and inpatient clinical services. Outpatient psychotherapy services include: assessment, consultation, and provision of time-limited evidence-based interventions (e.g., Cognitive Behavioral Therapy). Inpatient clinical services will include working as part of an interdisciplinary team in either the psychiatric emergency department, consultation and liaison service, adult inpatient unit, or the child inpatient unit. Additional activities will include: providing support for ongoing research studies, assisting with training activities, and providing supervision to pre-doctoral psychology interns and externs. Postdocs may also participate in our comprehensive Dialectical Behavior Therapy Program (i.e., skills training, consultation team, and skill coaching). Additional training opportunities are available in mindfulness-based and behavioral health interventions. One position will have a translational research emphasis. Mentorship will be provided in grantsmanship and research program development. Research responsibilities will include data management and analysis, preparing manuscripts, and writing grants, among other activities. Ongoing research projects include a NASA-funded RCT aimed at evaluating the provision of time-delayed psychotherapy and an NIH-funded trial examining a novel online stress-management program for pregnant women. For more info click here

Eric Garland, PhD, Director of the **Center on Mindfulness and Integrative Health Intervention Development (C-MIIND)**, is **seeking postdoctoral fellows** to support federally-funded, biobehavioral clinical research on mindfulness-based interventions for chronic pain and prescription opioid misuse at C-MIIND, which currently oversees more than \$40 million in grants funded by the National Institutes of Health (NIH), Department of Defense (DOD), and Patient Centered Outcomes Research Institute (PCORI). In particular, fellows will help conduct randomized clinical trials (RCTs) and psychophysiological research on Mindfulness-Oriented Recovery Enhancement (MORE), a manualized intervention for addiction, stress-related conditions, and chronic pain. For additional information on MORE and current research, see <a href="https://www.drericgarland.com">www.drericgarland.com</a>.

Postdoctoral fellows will assist with the following duties: a) manuscript preparation from existing datasets; b) clinical data collection; c) psychophysiological data collection (autonomic, EEG, and fMRI measures); d) data analysis; and f) designing and implementing new translational research studies. If the postdoctoral fellow has a clinical background, the postdoc may deliver mindfulness, CBT, and other behavioral interventions. Fellows will also have opportunities to coauthor multiple scientific articles from existing primary datasets and write federal grants leveraging the resources and interdisciplinary connections of the College of Social Work, which extend into Psychiatry, Psychology, Neuroscience, Oncology, Public Health, Anesthesiology, Family Medicine, and Nursing, among other departments.

Dr. Garland is seeking fellows with a PhD in Clinical Psychology, Health Psychology, Behavioral Medicine, Social Work, Nursing, or a related discipline. Research-oriented MDs or DOs are also welcomed. Applicants must have good scientific writing skills with a solid publication record, clinical research experience, and strong quantitative data analytic skills.

Applicants with clinical research or clinical experience (e.g., mental health, addiction, and/or chronic pain populations), previous experience with mindfulness, psychophysiological data collection/analysis (e.g., EEG, HRV, fMRI, eye tracking, etc.), and/or previous study coordination experience on federally-funded studies will be given preference.

As a major research and teaching university—and the flagship of the Utah System of Higher Education—the University of Utah strives to create an academic environment in which the highest standards of scholarship, professional practice and teaching are observed. The University is located in Salt Lake City, at the base of the Wasatch Mountains, providing ready access to world class outdoor recreational opportunities.

The Center on Mindfulness and Integrative Health Intervention Development at the University of Utah has a number of excellent research facilities, including the state-of-the-art Bridge Training Clinic, consisting of four therapy rooms with one-way mirrors and videotaping capacity for behavioral observation and coding, as well as a complete psychophysiological laboratory for assessment of neurocognitive and neuroaffective mechanisms of therapeutic change.

Review of applications will begin immediately and the position will be open until filled. Applicants should provide cover letter, curriculum vitae, list of three professional references, and published writing sample(s).

Inquiries regarding the position may be directed to Dr. Eric Garland, PhD, at eric.garland@socwk.utah.edu, 801-581-3826.

#### **RESEARCH NOTES AND ACTIVITIES**

#### RESEARCH PUBLICATIONS

Wingate, T. G., Lee, C. S., & Bourdage, J. S. (2019; In Press). Who helps and why? Contextualizing organizational citizenship behavior. Canadian Journal of Behavioural Science. doi:10.1037/cbs0000125

Stephen M Yoshimura, Susan D. Boon, (2018) Communicating Revenge in Interpersonal Relationships ISBN-13: 978-1498544870

Lacroix, E., Oliveira, E., Saldanha de Castro, J., Cabral, J. R., Tavares, H., & von Ranson, K. M. (In press). "There is no way to avoid the first bite": A qualitative investigation of addictive-like eating in treatment-seeking Brazilian women and men. *Appetite*. doi: 10.1016/j.appet.2019.02.008

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#### RESEARCH PUBLICATIONS Continued...

Ross, K. M., **Thomas, J. C.**, Letourneau, N. L., Campbell, T. S., Giesbrecht, G., & APrON Study Team (2019). Partner social support during pregnancy and the postpartum period and inflammation in 3-month-old infants. Biological Psychology. doi. 10.1016/j.biopsycho.2019.03.005

O'Sullivan, L. F., **Hughes K.**, Talbot, F., & Fuller, R. (2019). Plenty of fish in the ocean: How do traits reflecting resiliency moderate adjustment after experiencing a romantic breakup in emerging adulthood? *Journal of Youth and Adolescence, Online First,* pp. 1-14. DOI: 10.1007/s10964-019-00985-5

Veronica Guadagni, Marco Sarà, Massimiliano Conson, Antonio Carolei, Simona Sacco, Silvia Vadini, Caterina Pistarini, Arcangelo Barbonetti, **Giuseppe Iaria**, Francesca Pistoia (2019) Cognitive and Emotional Empathy in Individuals with Spinal Cord Injury. *Behavioural Neurology, Volume* 2019, https://doi.org/10.1155/2019/1312934

Eggermont, JJ. (2019) The auditory brain and age-related hearing impairment, Academic Press, London, UK. ISBN 978-0-12-815304-8

Guadagni V, Burles F, Ferrara M, Iaria G. Sleep quality and its association with the insular cortex in emotional empathy. Eur J Neurosci. 2018 Sep;48(6):2288-2300. doi: 10.1111/ejn.14124. Epub 2018 Aug 31.

Murias K, Slone E, Tariq S, Iaria G. (2019) Development of spatial orientation skills: an fMRI study. Brain Imaging Behav. doi: 10.1007/s11682-018-0028-5

.Dimond D, Perry R, **Iaria G**, Bray S. Visuospatial short-term memory and dorsal visual gray matter volume. Cortex. 2018 Dec 21;113:184-190. doi: 10.1016/j.cortex.2018.12.007.

Schippers, A., Griep, Y., Aben, B., & van Overwalle, F. (2018). Ultra-short term heart rate variability as a tool to assess changes in valence. Psychiatry Research, 270, 517-522. doi: 10.1016/j.psychres.2018.10.005

Tabor, J., Griep, Y., Collins, R., & Mychasiuk, R. (2018). Investigating the neurological correlates of workplace deviance using a rodent model of extinction. Scientific Reports. doi: 10.1038/s41598-018-35748-y

Mogilever NB, Zuccarelli L, Burles F, **Iaria G**, Strapazzon G, Bessone L, Coffey EBJ. Expedition Cognition: A Review and Prospective of Subterranean Neuroscience with Spaceflight Applications. Front Hum Neurosci. 2018 Oct 30;12:407. doi: 10.3389/fnhum.2018.00407. eCollection 2018

**Tobin, L. N., Lacroix, E., & von Ranson, K. M.** (2019). Evaluating an abbreviated three-factor version of the Eating Disorder Examination Questionnaire in three samples. *Eating Behaviors*, *32*, 18-22. doi: 10.1016/j.eatbeh.2018.11.003

#### **PSYCHOLOGY IN THE NEWS**

Dr. Sheri Madigan in VOX: "Michael Jackson, R. Kelly, and the myth that all victims of abuse become abusers"

#### **FVFNTS**



The **Cognitive Science Seminar** is a weekly seminar featuring one-two presenters (PI's, post-docs, graduate students, etc) who present on their research. We invite any and all interested individuals to join us. **Cognitive Science Seminar** 

11 am – 12 pm AD 248 March 22, 2019 Penny Pexman



Western Canada Institute for ISTDP is proud to present: Treatment-Resistant Depression: A Video-Based Workshop with Dr. Allan Abbass. Dr. Allan Abbass, one of the world's leading expert's on Davanloo's Intensive Short-Term Dynamic Psychotherapy (ISTDP). This training day will focus on cases of treatment-resistant depression and will feature video examples. Psychotherapists of all types will see a framework for evaluating treatment resistance and will learn clinical tools to augment diverse formats of psychotherapy treatment. (Lunch and light refreshments provided) March 21, 2019 at 9 am to 4 pm (doors open at 8:40am)

Parkdale United Church – Auditorium 2319 – 8 Avenue N.W. Calgary

Register

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Events Continued...



Backstage versus front-stage: An archival re-assessment of Muzafer Sherif's Robbers Cave study. A talk by Gina Perry – April 10<sup>th</sup> from 12:00 pm to 1:30 pm in AD 247

The recent availability of archival material relating to one of social psychology's classic experiments - Muzafer Sherif's Robbers Cave study - allows for a comparison of research as it was reported and how it was practised. Through archival research and interviews I have reconstructed an earlier abandoned version of the Robbers Cave study which sheds new light on the more famous study's ethics, methodology, and theoretical claims. This work forms part of a broader archival turn in history of psychology research which, coinciding with the Open Science Movement, offers opportunities for re-evaluating research findings and makes explicit the biographical, political and social factors that shape social science research.

Dr. Gina Perry is an Australian writer and science historian and author of Behind the Shock Machine: the untold story of the notorious Milgram obedience experiments (Scribe, 2013) and The Lost Boys: inside Muzafer Sherif's Robbers Cave experiment (Scribe, 2018). Dr. Perry obtained her Ph.D. from the University of Melbourne where she is an associate in the School of Culture and Communication. Her dissertation investigated the parallels and intersections between social psychology and journalism and the implications for public understanding of science and models of science communication.



#### Northwest Cognition and Memory Conference (NOWCAM) 2019

NOWCAM is a student-oriented conference, featuring papers and presentations by undergraduate and graduate students and postdocs (and this year a keynote address by Prof. Ayanna Thomas of Tufts University in Boston, who participated in NOWCAM as a student 20 years ago, speaking on reconstructive processes in remembering).

NOWCAM creates a friendly and supportive environment for students and faculty interested in memory and cognition to exchange ideas. The registration fee is only \$25 for students (and often faculty reimburse their students for costs associated with attending NOWCAM, especially if the student gives a talk or poster). Students who presented (or plan to present) a talk or poster in some other venue can also give the same presentation at NOWCAM. The submission deadline is 12 April 2019. If you are interested, whether as a student or as a faculty member, please visit <a href="http://web.uvic.ca/~nowcam/?q=nowcam">http://web.uvic.ca/~nowcam/?q=nowcam</a> 2019



#### Peer Listeners are here for you.

Peer listening is a free, confidential and non-judgmental place to talk to someone for support. Peer Listeners are available for students wanting to connect with other students, or who are seeking support for personal and/or academic concerns. All our Peer Listeners are student volunteers that have undergone training in active listening and crisis response. They know the stresses of being a university student, and are available to chat with you about your unique experience.

Drop in at: The Well (MSC 373) weekdays from 2 - 4 p.m. We're here and ready to listen.

### **AWARDS AND HONOURABLE MENTIONS**



The Canadian Psychological Association (CPA) selected Dr. Brandy Callahan as a 2019 winner of the CPA President's New Researcher Award (PNRA). This award recognizes the exceptional quality of your work as a new researcher in psychology in Canada. Congratulations Dr. Callahan.

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## **Happy Monday!**

Congratulations to everyone included in the Monday Memo! The department recognizes your hard work and dedication. Keep it up!



"Scout and Milo" Emiko Muraki's Dogs celebrating St. Patrick's Day

Do you have something you would like to include in the Monday Memo newsletter? Please send it to\_ggallo@ucalgary.ca\_before Thursday at noon.

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